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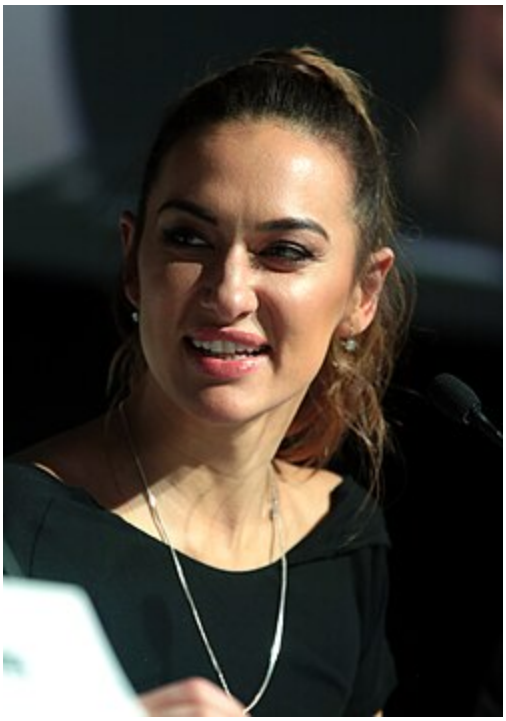
Tasya Teles

Tasya Teles (Brazilian Portuguese: [ˈtɛlis]; born February 1, 1985) is a Canadian actress. She is known for her role as Echo in The CW's *The 100*. Teles has also played Kendra in DirecTV's *Rogue*, Nat in the Crave series *Shoresy*, and Daniella in BBC America's *Intruders*.

Tasya Teles



Teles in March 2018

Born	February 1, 1985 Toronto, Ontario, Canada
Occupation	Actress
Years active	2013–present
Known for	*The 100*
Website	tasyateles.com (http://tasyateles.com)

Biography

Teles was born in Toronto, Ontario. Her father is Brazilian and her mother is Ukrainian. She and her family moved to Vancouver, British Columbia, when she was five years old.[1] As a child she loved the American TV shows *Family Matters*, *Boy Meets World* and the British *Absolutely Fabulous*.[2] Teles attended Concordia University in Montreal, Quebec, initially studying commerce but found it unsatisfying and later added theatre.[1] After finishing her studies, graduating with a degree in finance, she returned to Vancouver.[1][3]

Career

Teles played the recurring role of Kendra on DirecTV's *Rogue*[4][5] and was a series regular on The CW's *The 100* in the role of Echo.[2][6] Prior to earning the role of Echo, Teles had auditioned for several other roles on the TV show.[5] She has also appeared on Showcase's *Continuum*, Lifetime's *Witches of East End*, USA Network's *Rush*, BBC America's *Intruders* and The CW's *Supernatural* and *iZombie*.[5] Teles has also been featured in the Lifetime television film *Grumpy Cat's Worst Christmas Ever*,[7] as well as having had a lead role in the Lifetime movies *Damaged* and *Autumn Dreams*. She has worked on several indie features, including starring roles in *Leila*, *Regret*, *Magdalena*, *Eat Me* and *Skin Trade*.[1][8] She also voices Sitara in the video game *Watch Dogs 2*.[9] Since 2022, Teles had a leading role in the Canadian TV show *Shoresy* as the character Nat, owner of the ice hockey team that the show's protagonist plays for. She had been looking to act in a comedy and accepted the role after it was offered to her by series creator Jared Keeso.[3]

Filmography

Film

Year	Title	Role	Notes
2013	*Mirrors*	Leah	
2013	*Afflicted*	Maria	
2014	*Skin Trade*	Rosa Cassidy	
2015	*Autumn Dreams*	Jovanna	
2016	*Thirty-Seventeen*	Carrie	
2018	*The Perfect Pickup*	Tracy	
2018	*The Girl in the Bathtub*	Terri	
2020	*Break Even*	Jaq Varick	

Television

Year	Title	Role	Notes
2013	*Untold Stories of the E.R.*	Charlene	Episode: "Deep Trouble"
2014	*Package Deal*	Hot Woman	Episode: "Danny's New Job"
2014	*Continuum*	Freelancer #2	Episode: "The Dying Minutes"
2014	*Witches of East End*	Nurse	Episode: "A Moveable Beast"
2014	*Rogue*	Kendra	4 episodes
2014	*Rush*	Officer Megan	Episode: "Learning to Fly"
2014	*Intruders*	Daniella	2 episodes
2014	*Grumpy Cat's Worst Christmas Ever*	Nicole	Television film
2014	*The Christmas Secret*	Female Paramedic	Television film
2014	*Damaged*	Kate Luck	Television film
2015	*iZombie*	Holly White	Episode: "Flight of the Living Dead"
2015	*Supernatural*	Nanny	Episode: "The Bad Seed"
2015	*Autumn Dreams*	Jovanna	Television film
2015–2020	*The 100*	Echo / Ash	Guest (seasons 2–3); recurring (season 4); main (season 5–7)
2017	*Prison Break*	Tricia	Episode: "Phaecia"
2017–2018	*Travelers*	Pike / Traveler 009	2 episodes
2022–present	*Shoresy*	Nat	Main role
2022	*Legacies*	Lynn	1 episode
2022	*The Secrets of Bella Vista*	Lourdes	Television film

Video games

Year	Title	Role	Notes
2016	*Watch Dogs 2*	Sitara Dhawan[9]	Also motion capture
2018	*Far Cry 5*	Mary May Fairgrave	

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External links

- Tasya Teles (https://www.imdb.com/name/nm5294636/) at IMDb

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